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Let's Talk About S-E-X: A Guide For Kids 9 To 12 And Their Parents



Synopsis

First created by Planned Parenthood/Mar Monte in the late 1980's, this well loved, updated guide insures that children will be given accurate, age-appropriate information about sex. This read-together book helps to begin an open dialogue in the family. Parents and educators will find discussions of feelings, respecting oneself and others, what's normal, making sense of love and sex, and helpful advice. The book is filled with sound information, illustrations and diagrams, appropriate body terminology, information on STDs and more. Here, the changes all preteens go through are explained in a simple, straight-forward manner. In the Parent's Guide (in the back of the book) is the information on how approach the BIG TALK in a way that is comfortable and positive.

Book Information

Paperback: 100 pages

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Product Dimensions: 0.5 x 7 x 7 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (53 customer reviews)

Best Sellers Rank: #16,513 in Books (See Top 100 in Books) #9 in [Books > Children's Books >](#)

[Growing Up & Facts of Life > Health > Sexuality](#) #68 in [Books > Parenting & Relationships >](#)

[Parenting > Teenagers](#) #69 in [Books > Self-Help > Sex](#)

Age Range: 9 - 12 years

Grade Level: 4 - 7

Customer Reviews

I bought this after my 9-year-old and I had to begun discussing sex, body changes, self-esteem issues, etc. I would never hand a kid a book as a total strategy for sex education, but this book has been wonderful to augment the discussions we've had and allows my daughter to have some control over the whole process. She grabs it and reads it when she wants to learn more but doesn't feel like asking me, or just wants some private time. I also like that it's written for her age group - quite a few of the books I researched were at too sophisticated a learning/content level for her. Overall, I'm really pleased with this choice.

This book addresses a very wide variety of subjects that are important to share with your changing child. Not too much information for them to take in and it is written in a positive way that encourages children to share their concerns and thoughts with their parents.

The BEST book ever if you want to talk to your kids about sex. All you have to do is read! Don't let the Planned Parenthood label scare you away (conservative folk) they don't endorse prostitution or abortions. All about INFORMATION and let me tell you -- states that teach abstinence only education have some of the highest teen pregnancy rates around. This book -- discourages teen pregnancy by giving facts! Kids are smarter than you think and trying to snow them with just don't do it -- clearly doesn't work. They do it! Of course, not all of them. This book leads children in the direction that sex is a big deal, not something to play around with (although it feels great in the right relationship) This also gives great info on puberty too!

I have a 9 year old son, and the thought of starting the sex conversations has always scared me. But this book made me realize, that whether I'm scared or not, my son will learn about sex. It's up to me to make sure he has all the facts. As scared as I was, I feel ready to talk to my son now.

Started reading this book with my 9 y/o daughter, and I have to say... waaaaay too graphic on their descriptions for ANY 9 year old child. Personally, I will read/use this book in the future, but not for a few more years, probably starting at 12, I guess it really depends on how "innocent" the targeted child is. It is an excellent informative book, don't get discouraged by my silly review, but be sure to read the book yourself (an adult) before allowing the minor to take a peek. Cheers :)

I bought this book for my 11 year old daughter. We read the book together. Each chapter ends with a questions that my daughter and I can talk openly about what we just read. I found this book to a great way to cover the sex talk. It can be embarrassing sometimes or we don't know how to start with our kids, but it is important to have the talk! The back half of the book is for parents to read, help prepare for the talk, however I only skimmed through it and just jumped right in. My daughter and I talk openly already but this was a good guideline so I didn't forget to cover things. STDs, masterbation, the development of the opposite sex, having sex when you're ready, respect and love, birth control, and peer pressure/today's sex culture are all addressed. If you're looking for a way to start a conversation with your child, this is the book!

I ordered this book to have "the talk" with my daughter. Some parts were WAY over her head at the age of 9, but it's good because it talks about changes in the body and what she might be feeling. It's got a section for males and females, so we obviously skipped the male part for the time being. We will go back and review in a year or so, but do not recommend for under the age of 9.

This wasn't nearly as well written or well organized as I had hoped. I wasn't wanting to abdicate parental responsibility to educate my tween daughter, but I did want something she could read on her own and get a lot out of, without having to have an embarrassing conversation with her embarrassing Dad. This is OK, but not great.

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